

**Ivan Huergo** DPT, MATcs  
Doctor of Physical Therapy  
Certified in (OMPT) Orthopedic Manual Physical Therapy  
Certified in (MAT)™ Muscle Activation Techniques  
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## EDUCATION

(EIM) EVIDENCE in MOTION / Institute of Health Professions  
*Doctor of Physical Therapy* December 2010

NORTHWESTERN UNIVERSITY / Feinberg School of Medicine  
*Master of Physical Therapy* November 1999

UNIVERSITY OF OKLAHOMA  
*Bachelor of Science: Health Sciences* May 1994

## PROFESSIONAL EXPERIENCE

Voice America / Health & Wellness Channel  
*Internet Talk Radio Show Host* Phoenix, AZ  
Nov 2013 – Present

- Paradigm Shifts in Wellness & Sport
- <http://www.voiceamerica.com/show/2256/paradigm-shifts-in-wellness-and-sport>
  - Secrets from Top PT | Guest - Robert Johnson PT, MS, OCS
  - Take Back your Back | Guest - Dr. Chad Garvey PT, DPT, OCS, FAAOMPT, CSCS
  - *Dial Down* to Power UP | Guest - Robert Piper
  - Posture: It's not all in your chair | Guest - Kevin Dunn MPT, MATcs, RTSM

(NOI) Neuro Orthopaedic Institute <http://www.noigroup.com/en/Home> Adelaide, Australia  
*Instructor in Training* Sept 2012 – Present

- Assessment and management of the physical aspects of the nervous system
- Education of brain sciences with a focus on neuro-plasticity
  - Particularly how the brain represents our body

(PSI) Physical Sciences Institute Westmont, IL  
*Founder / Clinical Director* July 2005 – Present

- Developed Multi-modal manual therapy treatment sequence utilizing tissue specific framework
- Specializing in:
  - Low back pain
  - Cervical pain
  - Orthopedic Manual Physical Therapy
  - Complex Orthopedic cases
  - Chronic pain

(AORI) Achieve Orthopedic Rehabilitation Institute Burr Ridge, IL  
*Clinical Director* Jan 2005 – July 2005

- Responsible for the rehab of complex cases primarily diagnosed with chronic pain
- Developed CEU course for nurse case managers: The SIJ: A Manual Approach

Healthsouth @ Northwestern Memorial Hospital Chicago, IL  
*Outpatient Physical Therapist* Oct 2003 – Dec 2004

- Responsible for diverse caseload with emphasis on orthopedics
- Developed program to institute the Oswestry Index for Low Back Pain patients

(RIC) Rehabilitation Institute of Chicago

Chicago, IL

*Registry Physical Therapist*

June 2003–May 2005

- Treated disabled patients using standard physical therapy therapeutic interventions
- Evaluated patients motor and neurological capabilities and adapted physical therapy program as appropriate

Advanced Physical Therapy Institute

Glenview, IL

*Director of Rehabilitation*

Jan 2002 – Oct 2003

- Responsible for the rehabilitation of all post-surgical patients of orthopedic surgeon
- Carried diverse caseload with referrals from case managers and other physicians
- Fabricated custom orthotics for foot, ankle, and knee disorders

Concentra / (CMM) Center for Musculoskeletal Medicine

Dallas, TX

*Center Administrator / Center Therapy Director*

June 2002– Jan 2003

- Responsible for quality and patient care and records to maintain the medical policy and professional standards in occupational medicine
- Responsible for the financial performance, annual budget, and day to day operations of CMM
- Evaluated the capital equipment and staff needed for the clinic
- Supervised/trained center personnel for clinic operations
- Developed and implemented a Marketing Plan which increased patient visits by 120%
- Developed transportation program to facilitate Concentra field case manager referrals
- Increased Physician referral base three-fold

HealthSouth Medical Center

Dallas, TX

*Outpatient Physical Therapist*

Jan 2002 – May 2002

- Responsible for diverse caseload including: SCI, CVA, TBI, Orthopedic, & Acute patients
- Maintained dual schedule as outpatient staff therapist and primary Brain Injury Day Program therapist

Slippery Rock University

Slippery Rock, PA

*Assistant Wrestling Coach*

Aug 1995 - May 1996

- 1995 - 1996 Season
  - Led team to runner-up finish at Eastern Regional
  - Four NCAA Division I National Qualifiers/East Regional Champions
  - Coached two dual All-Americans at University Nationals (Freestyle/ Greco)

Lindenwood University

St. Charles, MO

*Assistant Wrestling Coach*

Jan 1994 – July 1995

- 1994 - 1995 Season
  - Led team to third place finish at NAIA National Championships
  - Five All-Americans, three individual National Champions
- 1993 - 1994 Season
  - Led team to fourth place finish at NAIA National Championships
  - Six All-Americans, two National Finalists

**PROFESSIONAL ASSOCIATION**

(APTA) American Physical Therapy Association

May 2004 – Present

- \* Current member of Orthopedic section
- \* Current member of Private Practice section

(AAOMPT) American Academy of Orthopedic Manual Physical Therapists

July 2004 - Present

- \* Active Member

## TEACHING EXPERIENCE

<u>Introduction to (OMPT) Orthopedic Manual Physical Therapy of the Pelvis</u> <b>Presenter</b>	Santa Monica, CA Nov 2013
<u>Mobilization of the Nervous System</u> <b>Lab Instructor</b>	Glendora, CA Nov 2013
Segundo Congreso Internacional de Fisioterapia 2013 IPETH Instituto Profesional en Terapias <u>Razonamiento Clínico y Terapia Manual Pélvica</u> <b>Ponencia</b> (Presenter)	Puebla, Mexico July 2013
Comité Científico para el Congreso Internacional de Fisioterapia IPETH Instituto Profesional en Terapias <b>Miembro del Comité Científico</b> (Member of Scientific Committee)	Puebla, Mexico July 2013
<u>Mobilization of the Nervous System</u> <b>Lab Instructor</b>	Minneapolis, MN Sept 2013
(FMO) Fisioterapia Manual Ortopédica Pélvica IPETH Instituto Profesional en Terapias <b>Ponencia</b> (Presenter)	Puebla, Mexico April, 2012
<u>Mobilization of the Nervous System</u> <b>Lab Instructor</b>	Chicago, IL Dec 2012
Chicagoland AAOMPT Study Group @ UIC <u>Review of Upper Cervical Spine Thrust Manipulation</u> <b>Presenter</b> <ul style="list-style-type: none"><li>• Paul Thomas PT, OCS, MTC, COMT, FAAOMPT</li><li>• Michael O'Hearn PT, MHS, OCS, FAAOMPT</li><li>• Darren Earnshaw BSc PT, MApplSc, CMDT, FAAOMPT</li></ul>	Chicago, IL April 2011
<u>Manual Therapy Approach for the Thoracic Cage</u> <b>Lab Instructor</b>	Chicago, IL Sept 2009
Chicagoland AAOMPT Study Group @ UIC <u>Pelvic Obliquities</u> <b>Presenter</b>	Chicago, IL Sept 2008
<u>Pelvic Obliquities</u> <b>Presenter</b>	Chicago, IL June 2007
<u>Pelvic Obliquities</u> <b>Presenter</b>	Chicago, IL Sept 2006
<u>Pelvic Obliquities</u> <b>Presenter</b>	Chicago, IL May 2006
<u>The SIJ - A Manual Therapy Approach</u> <b>Presenter</b>	Chicago, IL July 2005

The SIJ - A Manual Therapy Approach

**Presenter**

Chicago, IL

Oct 2004

Manual Therapy of the Thorax

**Lab Instructor**

Chicago, IL

July 2004

## CERTIFICATIONS

(MTI) Manual Therapy Institute

Nov 2005

*APTA Credentialed* Certification in (OMPT) Orthopedic Manual Physical Therapy

### ***Norwegian Kaltenborn - Evjenth Approach***

- Foundations in Orthopedic Manual Physical Therapy
- Evaluation and Treatment of the Lumbar Spine
- Evaluation and Treatment of the Cervical Spine
- Evaluation and Treatment of the Extremities
- Evaluation and Treatment of the Thoracic Spine
- Evaluation and Treatment of Adverse Neural Tissue
- Integrated Treatment Concepts
- Introduction to Joint Manipulation
- Norwegian Medical Exercise Therapy
- Advanced Lumbar Spine / Advanced Cervical Spine / Advanced Extremities
- Medico-Legal / Ethical Issues
- Medical Series

(MAT™) Muscle Activation Techniques

Dec 2005

- MAT – Muscle Function / Palpation
- Analysis of gait, function, muscular integration
- Evaluation of compensation patterns that lead to: tight/inhibited musculature, pain, or injury

## LANGUAGE

- Fluent in Spanish